

District Wellness Policy & Procedure Triennial Assessment

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School District: Smithville R-II School District

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This tool is to document the progress in meeting the expectations of the district's wellness policy. Documentation of the steps that have or will be taken.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Promotion & Education					
EXAMPLE: <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i>	X			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
1. Nutrition Guidelines/Standards	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Meal programs will meet the requirements of the USDA. Food and beverages sold/served will meet or exceed the USDA Smart Snacks in School nutrition standard.	Continual evaluation of standards.
2. Fundraising Nutrition Guidelines	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Met with building Administrators to personally go over Fundraising standards and exemptions. Put in process an approval process for all fundraising efforts.	Work with clubs/school groups for compliance with fundraising nutrition standards.
3. Foods/Beverages provided during school day	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Evaluated vending machines. Only those in compliance are available during the school day. Prohibit homemade snacks. Provide the Smart Snack Calculator to all staff, parents, community.	Continued education for all groups.

4. Water	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students and staff have access to safe and unflavored drinking water during the school day.	
5. Nutrition Education	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Part of the district curriculum. Links provided on topics related to nutrition and posted on District web page. OPAA provides nutrition information for all meals.	Update as new, valid nutrition information is available.
6. Nutrition Promotion	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Market and encourage nutritious food/beverages via newsletters, handouts/links, web page, and the like.	Continue to look for new and innovative tools and resources for promotion.
7.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Physical Activity & Education					
1. Physical Activity Guidelines/Standards	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical education program is aligned with Missouri Learning Standards for every student.	
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
6.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
7.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Other School Based Activities					
1. Community Involvement	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	A list of food/beverages that meet the nutrition standards and non food rewards are provided via our web page and community newsletter. Encourage participation on District Wellness Committee.	Annual invitation to District Wellness Committee.
2. Family Involvement	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Strategies implemented include nutrient analysis of menus provided via website, Smart Snack food list provided via handbooks and website, Encourage participation on District Wellness Committee.	Annual invitation to District Wellness Committee.
3. Air Quality	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Daily monitoring of Air Quality Index. Standards and best practice established per AQI.	

4. Mealtimes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Guidelines established and implemented.	Continued evaluation for improvement.
5. Staff Development & Training	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Ongoing development and training via staff meetings, Safe Schools videos, Staff handbooks.	Invitation to District and Staff Wellness Committee.
6. Staff Wellness	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Staff wellness program in place. Staff wellness also tied with medical insurance for additional information, education and incentive.	Invitation to wellness committees.
7. Sun Safety / tobacco	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sun safety and tobacco education provided at the building level.	On going improvement.
Records & Assessment					
1. Oversight	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Administrative team annual evaluation of policy. District Wellness Committee implemented. Staff Wellness Committee Implemented. District Wellness Coordinator.	
2. Assessment	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Annual review of policy. Triennial assessment.	
3. Policy Review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Recommendations provided to the BOE as needed. Comparison to model programs annually.	

4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
6.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
7.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		